

CLASS SCHEDULE EFFECTIVE 1 MAY 2024

All classes are offered in set day groups, and sign-up is required. For example, a student signed up to participate in the Monday/Wednesday junior white belt class will attend consistently and exclusively on those days.

	Monday & Wednesday	Tuesday & Thursday	Saturday
Tiny Tigers	●3:45pm ●6:30pm		
Junior White	4 :30pm	5 :30pm	
Junior Yellow & Orange	5 :30pm	4 :30pm	
Junior Intermediate Green, Blue, & Purple	•4:30pm	⊙ 5:30pm	
Junior Advanced Red, Brown, & High Brown	6 :30pm	6 :30pm	
Junior Black & Recommended Black	●7:30pm	⊙ 6:30pm	
Teen (11-16) White, Orange, Green, Blue, & Purple	●7:30pm		
Adult White, Orange, Green, Blue, & Purple		7 :30pm	
Adult Advanced Red, Brown, & High Brown		⊙ 7:30pm	
Adult Black & Recommended Black			●9am—10:45am ●9am—10:45am
Adult & Teen Sparring Class			● 11am

● Red School ● Blue School

Tiny Tigers classes are 30 minutes. All other classes are 45 minutes unless an end time is specified. Schedule subject to change.