



CLASS SCHEDULE EFFECTIVE 1 APRIL 2024

All classes are offered in set day groups, and sign-up is required. For example, a student signed up to participate in the Monday/Wednesday junior white belt class will attend consistently and exclusively on those days.

	Monday & Wednesday	Tuesday & Thursday	Saturday
Tiny Tigers	● 3:45pm	● 3:45pm	
Junior White	● 4:30pm	● 5:30pm	
Junior Yellow & Orange	● 5:30pm	● 4:30pm	
Junior Intermediate Green, Blue, & Purple	● 4:30pm	● 5:30pm	
Junior Advanced Red, Brown, & High Brown	● 6:30pm	● 6:30pm	
Junior Black & Recommended Black	● 7:30pm	● 6:30pm	
Teen (11-16) White, Orange, Green, Blue, & Purple	● 7:30pm		
Adult White, Orange, Green, Blue, & Purple		● 7:30pm	
Adult Advanced Red, Brown, & High Brown		● 7:30pm	
Adult Black & Recommended Black			● 9am–10:45am ● 9am–10:45am
Adult & Teen Sparring Class			● 11am

● Red School ● Blue School

Tiny Tigers classes are 30 minutes. All other classes are 45 minutes unless an end time is specified.
Schedule subject to change.